Welcome to Stonehaven Fetteresso



Life of Worship • Life of Love • Life of Service

20th November

Jesus replied,
"Anyone who loves me will obey my teaching.
My Father will love them, and we will come to them and make our home with them."

John 14:23

Please remember to deliver your Ballot
Paper and Mandate to the church before

6pm on Monday 23rd November

if you have not already voted.

To contact the Church Administrator please phone Ailsa on 01569 730143.

If you have a pastoral emergency please contact Mike Barfoot on 01569 766588.

Scottish Christians join in prayer as pandemic continues

This Sunday (22 November), as new level restrictions have been introduced across Scotland, Christians across the country – and further afield – will join together in prayer at 7pm in response to the COVID-19 pandemic.

As with previous weeks during lockdown, 14 Christian churches and organisations across the country, including the Church of Scotland, have co-signed the letter calling for prayer.

Scottish Christians have been continuing to answer the call to pray at the same time each



week, and Rt Rev Dr Martin Fair, Moderator of the General Assembly of the Church of Scotland, has been taking part alongside them.

"There are some things which make sense for a certain period of time but which come to a natural conclusion - such as clapping for carers during the spring lockdown. Prayer isn't one of them," Dr Fair said.

"The Apostle Paul encourages us to 'pray without ceasing' and Jesus himself offers parables where persistence in prayer is lauded.

"It can be hard to keep going when there's no end in sight; much easier when the finishing line comes into view. In the case of the pandemic, it still feels as if there's no light at the end of the tunnel.

"All the more reason then for God's people to continue faithfully in prayer. And even better when we can pray across the whole of the Church, unrestricted by denominational divides.

"If Sunday at 7pm is in your diary, keep it there. Thank you. If it hadn't been, it would be great to have you involved. It matters that we pray."

This week's letter accompanying the prayer, which is also available in Gaelic, states:

"The imagery of the shepherd is woven into our understanding of the way in which the living God cares for us: 'I myself will search for my sheep and look

after them. As a shepherd looks after his scattered flocks when he is with them, so will I look after my sheep.' (Ezekiel 34: 11-12)

"These words speak to us and resonate in the depths of our soul. They do so because they speak to our longing to know that, in all we face, God watches over us and searches for us when we are lost. The words speak to us, especially in difficult times, and resonate profoundly in days of darkness.

"The times in which we live are difficult indeed and dark for many. At such a time as this, we still ourselves and listen for the voice of the One who calls us by our name. The Shepherd calls us by our name, even in the darkest of times, and comes to journey with us. The Shepherd journeys until, in God's good time, the darkness yields to the promise of the One who comes to reign as King forever."

We pray:

Good Shepherd,
Speak to us at this time
And hear us when we call to you.
Answer our call
And come to journey with us.
Lord, hear us.
Lord, graciously hear us.

Good Shepherd,
Search for us when we are lost
And gather us safely into your presence.
Speak to the depths of our fears
And still our anxious hearts.
Lord, hear us.
Lord, graciously hear us.

Good Shepherd,
Stand with us in the midst of these times
And do not forsake us.
Search for the lonely and the anxious
And embrace them in your love.
Lord, hear us.
Lord, graciously hear us.

Good Shepherd,
Strengthen us when we stumble
And renew us when we are weak.
Stand with all who are made in your image
And who reflect your goodness.
Lord, hear us.
Lord, graciously hear us.

Good Shepherd,
Support us when we suffer
And bring healing when we are wounded.
Strengthen us that we might strengthen others
And be with them in all we face together.
Lord, hear us.
Lord, graciously hear us.

Good Shepherd,
Speak once more to our hearts
And offer us vision and hope for days to come.
Go before us Shepherd King
And lead us into the future that you hold in your hands.
Lord, hear us.
Lord, graciously hear us.

AMEN

November Prayer Focus - God's Direction & Peace

Last month our prayer focus was 'Giving thanks'. As God's people here at Fetteresso we looked back and recounted the many ways God has blessed us over the years.

As we look ahead in this month of November we give thanks for God's continued provision, for new beginnings, and we seek His direction for the way ahead.

We give thanks for our new Director of Music Gordon Cooper and welcome him amongst us on Sunday the 1st.

We also give thanks that on the 15th we will welcome Rev Mark Lowey our Sole nominee as he comes to preach to us.

In this month of November we once again look back in thankfulness as we remember all those who bravely fought in past wars paying the ultimate sacrifice with their lives for our freedom and peace.

Jesus our Saviour and Lord also came into our world and paid the price through his death on a cross for our freedom from sin and death. When Jesus rose again he defeated death and he promises that through faith in him we can have new life, reconciliation and peace with God.

At a time of great uncertainty in our world, we give thanks that nothing is uncertain to God for he knows and holds the future and our peace is found in him.

Jeremiah 29:11-13

For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future. 12 Then you will call on me and come and pray to me, and I will listen to you. 13 You will seek me and find me when you seek me with all your heart.

Father God,

We look to you our provider. In the midst of unsettled thoughts and puzzling anxiety we search for peace.

We look to you the only bringer of Peace, our master, our Lord.

And he will be called Wonderful Counsellor, Mighty God Everlasting Father, Prince of Peace. Isaiah 9.6

Lord peace seems so far away in the world today when disasters and conflict and bad news dominate the headlines, and our personal lives are full of trouble.

I have told you these things so that you may have peace. In this world you will have trouble, but take heart, I have overcome the world. John 16.33

At times we cry out - Why Lord? The unrest, the fighting, the destruction of what you have made. Lord, we cannot understand what is going on in our world today.

And the peace of God, which transcends all understanding, will guard your hearts and minds in Christ Jesus. Philippians 4.7

We sense you are there Lord because you love us so much and you promise you would never leave us in this world all alone.

'Though the mountains be shaken, and the hills be removed, yet my unfailing love for you will not be shaken nor my covenant of peace be removed' says the Lord, who has compassion on you. Isaiah 55.72

Lord we repent of our part in causing pain or strife or damage, please forgive us.

Turn from evil and do good, seek peace and pursue it. Psalm 34.14

Lord we want to do this but, we are not strong.

The Lord gives strength to his people, the Lord blesses his people with Peace. Psalm 29.11

Lord we praise your Holy name, our redeemer lives, and he saves us, Lord you are indeed our God and we are your people. We say Shalom.

Let the Peace of Christ rule in your hearts. Since as members of one body you were called to Peace. And be Thankful. Colossians 3.13

Father God, direct our steps and lead us on on as we seek to make you known in Stonehaven. Guard and guide us through this pandemic and grant us your peace.

Hebrews 13:20

Now may the God of peace, who through the blood of the eternal covenant brought back from the dead our Lord Jesus, that great Shepherd of the sheep, equip you with everything good for doing his will, and may he work in us what is pleasing to him, through Jesus Christ, to whom be glory for ever and ever. Amen.

Contact Us

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Stonehaven Fetteresso Church



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Church Administrator:

Ailsa Conkey

The office is currently closed please

phone 01569 730143

Church Officer Rota

November

15th Elaine Kinninmonth

22nd Andy Lorimer

29th Janice Boggon

December

6th James Dickinson

13th Andrew Boggon

20th Elaine Kinninmonth

27th Andy Lorimer

Grampian Coronavirus Assistance Hub

If **you** need help, support or advice.

Anywhere in Aberdeen, Aberdeenshire or Moray.

0808 196 3384 www.gcah.org.uk

Assessment 'Tool' for individual and group health risks

The assessment 'tool' below helps you to see how different risk factors may combine to give serious health complications should you catch the Covid-19 virus. It does not include the factors that may make you clinically extremely vulnerable, where you should be following the guidance for those who are 'shielding'. It includes the factors where there is significant statistical evidence but does not include any rarer conditions which you may have, so this only offers a starting point. You may want to discuss the results with your doctor or with those who have expectations about your involvement with church life.

| Risk Factor | | Total Score |
|--------------------------------|---|-------------|
| Age | 50-59 | 1 |
| | 60-69 | 2 |
| | 70-79 | 4 |
| | 80 and over | 6 |
| Sex at birth | Male | 1 |
| Ethnicity | Caucasian | 0 |
| | Black African Descent | 2 |
| | Indian Asian Descent | 1 |
| | Filipino Descent | 1 |
| | Other (including mixed race) | 1 |
| Diabetes & Obesity | Type 1 & 2 | 1 |
| | Diabetes Type 1 & 2 with presence of microvascular complications or HbA1c≥64mmol/mol | 2 |
| | Body Mass Index greater than or equal to 35 kg/m2 | 1 |
| | online BMI calculator: http://www.nhs.uk/live-well/ healthy-weight/bmi-calculator | |
| Cardiovascular | Angina, previous heart attack, stroke or cardiac | 1 |
| disease | intervention | 2 |
| Pulmonary (lung) disease | Heart Failure Asthma | |
| | | 1 |
| | Non-asthma chronic pulmonary disease | 2 |
| | Either of the above requiring oral corticosteroids in the last year | 1 |
| Malignant neoplasm (cancer) | Active malignancy | 3 |
| | Malignancy in remission | 1 |
| Rheumatological conditions | Active treated conditions | 2 |
| Immunosuppressant therapies | Any indication | 2 |
| Total Score | | |

Assessment 'Tool' for individual and group health risks (cont'd)

This should be read alongside the full text of the Church of Scotland's "Covid-19 (Coronavirus) Reopening of Church Buildings" which includes guidance about minimising risks in the church context, and other government or local advice about staying safe. We are not claiming medical expertise in sharing this way of scoring your risk but giving a way to show how serious catching the virus may be for you or the groups using your church building(s).

Circle the score next to each one that applies to you and add up your score.

A score of under 3 indicates a lower risk, but you should still be following the guidance for staying safe.

A score of 3-5 suggests a greater risk and you should consider ways of reducing your risk by taking additional precautions or avoiding some activities.

A score of 6 or more suggests a high risk and indicates that you should continue to work or participate in church life from your home.