

# Welcome to Stonehaven Fetteresso



*21st July*

Who shall separate us from the love of Christ?  
Shall trouble or hardship or persecution  
or famine or nakedness or danger or sword?

**Romans 8:35**

DailyVerses.net

## *Services at Fetteresso*

Sunday services have resumed, in church, at

**9.30am and 11am**

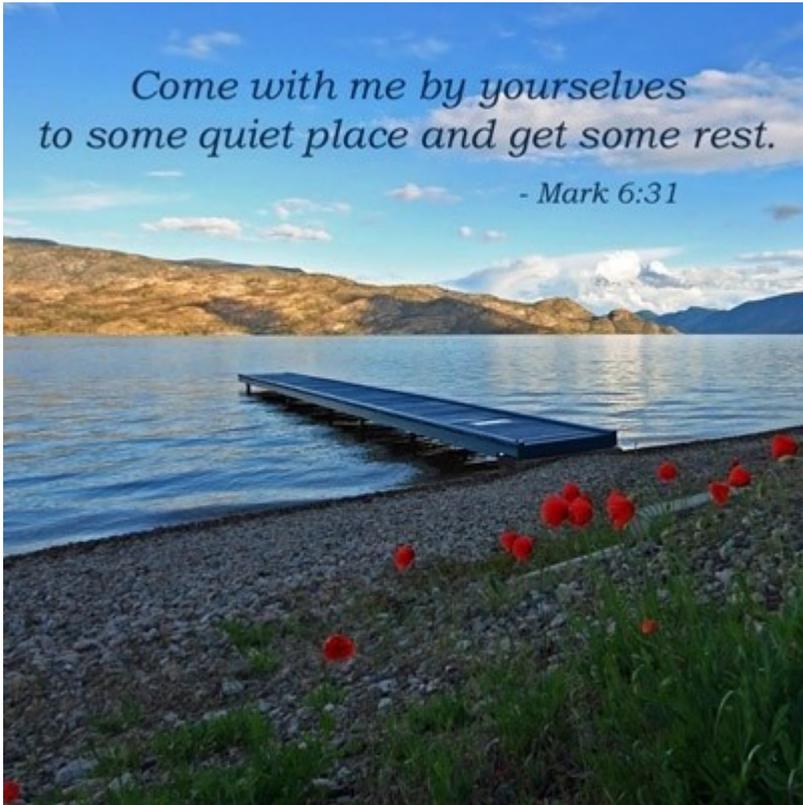
The 11am service will be live streamed online  
and CDs of the service will be available as usual.

The Minister will be back to work on **Tuesday 10th August**.

Please contact the church office, in the first instance, with any  
pastoral issues.

To contact the Church Administrator please phone  
Ailsa on 01569 730143 or email: [office@fetteresso.org.uk](mailto:office@fetteresso.org.uk)

Summer Prayer Focus -  
Rest, Renewal, Restoration.



The story of Elijah the prophet is told in the book of 1 Kings. In chapters 17-19 we read that three times God made provision for Elijah to rest and be fed.

**Then the word of the Lord came to Elijah: "Leave here, turn eastward and hide in the Kerith Ravine, east of the Jordan. You will drink from the brook, and I have directed the ravens to supply you with food there."**

**1 Kings 17v2-4.**

Further on we read:

**Then the word of the Lord came to him: “Go at once to Zarephath in the region of Sidon and stay there. I have directed a widow there to supply you with food.” So he went to Zarephath. 1 Kings 17v 8-10**

Some time later in chapter 19 after serving God faithfully and witnessing God’s great power we discover a fearful, exhausted and depleted Elijah. His cry and complaint is open and honest before God. Yet God has made preparation for Elijah to rest, be renewed and restored.

**All at once an angel touched him and said, “Get up and eat.” He looked around, and there by his head was some bread baked over hot coals, and a jar of water. He ate and drank and then lay down again.**

**The angel of the Lord came back a second time and touched him and said, “Get up and eat, for the journey is too much for you.” So he got up and ate and drank. Strengthened by that food, he travelled forty days and forty nights until he reached Horeb, the mountain of God. There he went into a cave and spent the night. 1 Kings 19v 6-9.**

Finally it is in the quiet on the mountain that Elijah experiences God’s presence and hears him in the still small voice.

As we enter the summer holiday period, we are also entering a greater lifting of the restrictions placed upon us due to the pandemic. The period of pandemic has been a difficult road and for many it has brought great sadness, loss, bereavement, isolation, exhaustion and difficulty. Despite periods of lockdown many have found life busy, tiring and demanding and physical and mental health have suffered.

For some of us the summer period provides a welcome opportunity to take a break and find rest from the usual tasks of daily life in a vacation away from home. For some we may manage a break at home or as they are now known, a “staycation”.

For others there may be no opportunity to have a break or holiday at this time.

But just like Elijah we discover that after extreme busyness our spirits rebel and the soul yearns for rest.

How good it is to discover that God cares that we find opportunities for rest, and makes provision for us. Be that on a Sunday or another day or simply in some quiet moments with him, God welcomes us into his presence to know his rest. Jesus himself knew the importance of spending time alone with God and away from others. He would rise early in the mornings to spend time with his Father in prayer, in order to be able to undertake all that he had to do.

After ministering to the needs of many he also instructed his disciples to come with him by themselves to a quiet place and get some rest.

During this summer period we pray you too may know God's provision and care. That you may find moments and times for rest, renewal and restoration and in the quiet hear His still small voice.

*Father God, thank you that you designed us to require rest.*

*Draw us with your love ever closer into your presence,  
for our souls are restless until they find their rest in you.*

*When we are world weary, when faith fades  
and it's difficult to hear your voice amidst the clamour of the many voices,  
draw us back to your side, quiet us with your love  
and renew a right spirit within us.*

*When we have become caught up in the busyness  
and the business of life losing sight of you,  
call us to the still quiet place,  
that we may be fed by you and restored.*

*Father God, thank you for your provision and care.*

*Help us rest, be renewed, restored,  
that we may hear your still small voice.*

**Amen.**



Guilds are now able to meet, subject to local restrictions, when you can enjoy a cuppa and a biscuit as well as fellowship. With this in mind the co-ordinators met to discuss how this could be done safely.

We propose to continue to meet on the 2nd and 4th Tuesdays of the month beginning on

14th September but in the **AFTERNOON from 2.00pm to 4.00pm** instead of evening meetings. The rationale was that over the past 18 months there may have been significant changes in members' circumstances and dark winter nights are not particularly appealing when it comes to socialising again.

If anyone has any comments or uncertainties regarding this proposed change then please let me know either by phone or email.

Joan Macdonald - 07917 756779 / 01569 760471

joaniemac75@hotmail.com



## Flower Rota.

As you will be aware, the rota was stopped when covid-19 regulations made it necessary to close the church, then on re-opening, there were stringent rules about entry to the church. However we have a little bit more freedom now, although we still must be careful and follow covid regulations. We are very pleased to say that the flower rota is open again for donations. We give thanks to all the people who previously gave flowers, and we continue to thank those still on the rota. Thank you so much for giving flowers. Your gift is appreciated by everyone attending the services and thereafter these flowers are distributed by the Pastoral Care team to give pleasure to the sick, frail and bereaved of our parish. With your kindness we can lift their spirits and show how we care for each other.

We have some vacancies on the rota, so if you feel called and able to donate flowers (on the rota- once a year) please contact Gloria Potter 740352 [gloriapot@aol.com](mailto:gloriapot@aol.com) who would be pleased to hear from you.

The new rota begins on July 4th 2021.

Thank you.



# Contact Us

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Stonehaven Fetteresso Church



[www.fetteresso.org.uk](http://www.fetteresso.org.uk)

## Minister

Mark Lowey, 01569 549960

[MLowey@churchofscotland.org.uk](mailto:MLowey@churchofscotland.org.uk)

## Youth Worker:

Matt Sinar

[matt.sinar@fetteresso.org.uk](mailto:matt.sinar@fetteresso.org.uk)

## Safeguarding Coordinators:

Janice Boggon 07711 583317

Gloria Potter 01569 740352

## Church Administrator:

Ailsa Conkey:

The office is currently closed please phone  
01569 730143

## Church Officer Rota

### July

25th Andrew Boggon

### August

1st James Dickinson

8th Andrew Boggon

15th Elaine Kinninmonth

22nd Andy Lorimer

29th Janice Boggon

## Welcome Team Rota

### July

25th 9.30am Aileen Pyper

11am Jane Moody

### August

1st 9.30am Karen Silver

11am Roseanne Shewan

8th 9.30am Lin Anderson

11am Doreen Seery

15th 9.30am Joan MacDonald

11am Jane Gourlay

22nd 9.30am Aileen Pyper

11am Roseanne Shewan



## Flower Rota

### July

25th Ann and Ken McLay

### August

1st Noel and Margaret Forbes

8th Kellie McLeod

15th Mr and Mrs Veitch

22nd Eve Isaac

29th Moira Deans



## Reading for Sunday 25th July

### Psalm 137

Read by  
Kathleen Smith

# Grampian Coronavirus Assistance Hub

If **you** need  
help, support  
or advice.

**Anywhere** in Aberdeen,  
Aberdeenshire or Moray.

0808 196 3384  
[www.gcah.org.uk](http://www.gcah.org.uk)

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